



Marco Polo's Caravan on the Silk Road, 1380

THE SHORTLIST

Riyadh, Saudi Arabia- November 29, 2023
GOURMAND AWARDS for Best of 25 years
of Food Culture for:
-Land and Maritime Silk Road
-Spice Route



There are 116 books from 43 countries. They include 14 countries from the maritime silk road spice routes. On this shortlist, there are one to four entries for each category, with the countries listed in alphabetical order. The final results will be public on November 30, 2023 on our website www.cookbookfair.com

Arabia has been the gateway between East and West cultures for thousands of years. Caravans arrived by land, and ships by sea. The Gourmand Awards will reward in Riyadh the best books from the past 25 years, for their most important contribution to world food culture.

Edouard Cointreau
President and Founder,
Gourmand Awards
www.cookbookfair.com

B02 BEST OF THE BEST

- China - Chinese Muslim Food Culture, Yang Liu, Ma Yunfu (China Light Industry Press 2011) ISBN 9787501965496
- Netherlands - With our own hands, Pamir cuisine, Afghanistan, Tajikistan (LM Publishers 2018) In English, Dari, Tajik
- Singapore - The Food of Singapore Malays, Khir Johari (Marshall Cavendish)

B02 BEST OF THE BEST - FREE

- Irak - United through Food Raghad Al-Safi, Mohamed Ghazi Al-Ahkras (UNDP 2022)
- Singapore - The new Muslim consumer (Wunderman Thompson 2022)

★ AUTHORS**A06 SPECIAL AWARDS**

- India - Monish Gujral, Motimahal restaurants series
- Libya - Under the Copper Covers, Sherine Ben Halim Jafar (Rimal Books 2017)
- Spain - Science at the Table, La Ciencia a Taula, Fernando Sapina (Universitat de Valencia 2019)
- Turkiye - Mehane Itisas Kitabi, Editors: Edir Zat, Nilhan Aras, Anason Kolektif (Overteam - Anason Islen 2022)

A03 RESTAURANT MEN CHEFS

- Egypt - Authentic Egyptian cuisines, from the tables of Abou El Sid restaurant, Nehal Leheta (AUC 2015)
- Indonesia - Cherished recipes from my childhood, Wayan Sutariawan (Four Seasons Wayan 2022)
- Turkiye - 7 Mehmet, Sinan Hamamsarilar (2022)
- UAE Dubai - Flavours of Dubai, Uwe Michels (2016)

A04 WOMAN CHEF

- Spain - Najat, Najat Kaanache (Planeta 2021)
- Sweden - Zeina's Kitchen, Zeina Mourtada (Bonnier Fakta 2019)

A05 FOOD PROFESSIONALS

- Brunei - Royal Brunei Catering, Recipes Volume 2 (Language & Literature Bureau 2008)
- Malaysia - Halal Food Certification & Business Performance in Malaysia, Dr. Mohamed Syazwan ab Talib (Partridge Sg 2019)
- Saudi Arabia - Growth 2019, Strategic Report (Saudi Airlines Catering 2020)

A09 CELEBRITY CHEF - WOMEN

- Malaysia - Comfort Food, Anis Nabilah (Thermomix 2021)
- Morocco - Choumicha Series, 30 books
- Turkiye - Cooking New Istanbul, Refika Birgul (Alfa Yayinlari 2021) In English and Turkish
- UAE Dubai - Culinary Magic of the Emirates, Alexandra von Hahn (Motivate 2020)

A09 MUSLIM CELEBRITY CHEFS - MEN

- China - Food on the Silk Road, Chef Wu Zhi Hong (Jilin S& T) ISBN 9787557839925
- Kazakhstan - Chef Talgat Akbergenov, Illustrations Alya Sharipova (EU Delegation to Kazazakhstan 2020)
- Malaysia - The Best of Chef Wan 2 (Marshall Cavendish 2019)
- Portugal - Os Amigos do Chef, Chakall (2022)

A11 ENTERTAINING

- Saudi Arabia - Saudi Feasts, Anissa Helou, Foreword Mayada Badr (Rizzoli 2022)
- Turkiye - Davet Sofralari, Zeynep Koksal Yekiran (Dogan 2022)

A12 FIRST COOKBOOK

- Bangladesh - Alpana's Kitchen, Alpana Habib (2018)
- Pakistan - Virsa Culinary journey from Agra to Karachi, Shehar Bano Rizvi (Markings 2022)
- UAE Dubai - Wala Bil Halam, Nermine Hanno (Motivate 2012)

A14 SELF PUBLISHED

- Lebanon - Le Patrimoine Culinaire du Liban, Chef Ramzi (2003)

A15 COOKING SCHOOL

- Turkiye - Fire, Air, Water, Soil, Melih Icigen, Dorukan Boyaci (Cappadocia University 2021)

A16 HOTELS

- Tunisia - Cuisine de l' Oasis, Patrick Ali Ouerghi, Philippe Chappelier (Cherche Midi France 2022)

★ B - PUBLISHERS

B04 MAGAZINES

- UAE Abu Dhabi - Blessed Tree Magazine (Khalifa International Awards for Date Palm 2022)

B06 PHOTOGRAPHY

- Saudi Arabia - Saudi Feasts, Anissa Helou, Foreword Mayada Badr, Photos Anas Alfozan (Rizzoli 2022)

B07 ILLUSTRATIONS

- Egypt - Fish, Milk, Tamarind, Dalal Abo El Seoud, Illustrations Farah Shafie (AUC 2022)

B12 TRANSLATION

- France - Saveurs d'Arabie, Anissa Helou, Preface Mayada Badr (Cassi 2022)
- Lebanon - Le Cordon Bleu Series (Arab Scientific Publishers 2004)
- Syria - Scents & Flavors, Charles Perry (Library of Arab Literature 2018)

B12 BILINGUAL

- Malaysia - Ensak, Ey, Nak, (Thermomix 2022) English/Malay
- Turkiye - Cooking New Istanbul, Refika Birgul (Alfa Yaynları 2021) English/Turkish

B14 DIGITAL BOOK

- Egypt - Table to Table, Laila Hassaballa, Maryam Nassar (Bellies en Route 2021)
- Senegal - Alimentation et Ramadan, Gwladys Vivien (2020)

B22 ACADEMIC PRESS

- Saudi Arabia - Gum Arabic, Abdalbasit Mariod (Academic Press Elsevier 2019)

B25 UNESCO CITIES OF GASTRONOMY

- Malaysia - Kuching Creative City of Gastronomy, Sarawak kuchingcreativecity.com (2022)
- Turkiye - Gaziantep 40 shades of grapes (Gaziantep Kultur 2022)

B26 UNESCO PRODUCTS

- Azerbaijan - Dolmalar, Tahir Amiraslanov (2018)
- Morocco - Argan Tree, Symbol of Resilience (Congres Arganier,2022)
- Senegal - Ceebu Jen, Fatima Fall, Alpha Sy (Harmattan)

★ C - COUNTRIES AND REGIONS

C01 LOCAL

- Malaysia - Kulit Manis, Terranganu, Puan Rosita bt Abdullah (My Viscom 2010)
- Pakistan - Culinary Tales from Balochistan, Nilofer Afridi Qazi (2022)
- Saudi Arabia - Saveurs d' Al Ula, Lucas Remy, Chefs de l' Ecole Ferrandi (Rizzoli 2020)

C01 REGION

India - Kerala, Nimi Sunil Kumar

C02 PLURINATIONAL

Pakistan - Taste of Pakistan in fusion, Shazia Zuberi (Markings 2022)

C05 MEDITERRANEAN, DUN GIFFORD AWARD

- Algeria - Memoire Culinaire de l' Algerie, Yasmina Sellam (UNEP 2022)
- Palestine - Palestinian Cuisine, Reem Kassis (Phaidon 2018)
- Tunisia - La cuisine de mes soeurs, Ahmed Ladarsi (2016)
- UK - Mezze, Anissa Helou (Quadrille 2004)

C08 ASIAN

- Brunei - Brunei Gastronomy, Siti Kaprawi (2022)
- Netherlands - Kuliner Nusantara, Sumatra, Franc Wiedendorff (2020)
- Pakistan - A Taste of Pakistan in Fusion, Shazia Zuberi (Markings 2022)
- UK - My Bangladesh Kitchen, Saira Hamilton (Lorenz Books 2020)

C09 CHINESE

- China - Chinese Muslim Food Culture, Yang Liu, Ma Yun Fu (China Light Industry Press 2011) ISBN 9787501065496
- Malaysia - Waterfront Heirlooms, Peranakan Heritage, Rosita Abdullah Lau
- Singapore - The Food of Singapore Malays, Khir Johari (Marshall Cavendish 2023)

C10 INDIAN

- India - Monish Gujral On the Trail
- Switzerland - Ammu, Asma Khan (AT Verlag 2022)

C12 MUSLIM / ARAB 1 - From Muslim countries

- Bahrain - Afnaniyat, Mrs. Afnan Rashid Al Zayani (Afnan Artistic Creations 2008)
- Irak - Iraqi Table, Raghad Al Safi (2016)
- Morocco - Le Grand Livre de la Cuisine Marocaine, Fatema Hal (Hachette Pratique 2004)
- UAE Dubai - Plated Heirlooms, Dima al-Sharif (CM Productions 2016)

C12 MUSLIM / ARAB 2 - From non-Muslim countries

- Argentina - Gran libro de la cocina arabe, Chef Abdala (Atlantida 2016)
- Canada - Arab cooking, Prairie Homestead, Habeeb Salloum (University of Regina 2018)
- Canada - Tribute to Habeeb Salloum by 2 daughters
- UK - Land of White, Lina Saad (Austin Macauley 2016)

C13 AFRICAN

- Comoros - Comment pimper la diversification alimentaire de mon bebe, Miske Alahoutou (First 2021)
- Morocco - Les Saveurs et les Gestes, Fatema Hal (Stock 1996)
- Tunisia - Cuisiner Autrement, Zouhair Ben Jemaa (Simpact 2011)

C15 STREET FOOD

- Morocco - Street Foods, Abdelkrim Raddadi (Editions Marsam 2015)
- USA - Mediterranean Street Food, Anissa Helou (William Morrow 2003)

C24 SILK ROAD

- China - Food on the Silk Road, Chef Wu Zhi Hong (Jilin S & T 2019) ISBN 9787557839925
- Russia - Plov, Stalic Kankhishiev (AST 2015)
- Singapore - The Food of Singapore Malays, Khir Johari (Marshall Cavendish 2023)
- Uzbekizstan - Plov, Stalic
- Uzbekistan - The Bukhara Cookbook, Lilian Cordell (2019)
- USA - The Silk Road origin of the food we eat, Fruit from the sand, Robert Spengler (University of California 2020)

C25 PORTUGUESE

- UAE Dubai - Take Portugal with you, Recipes from Dubai, Chakall, Nigel Jlobo (AgriExport 2021)

C26 DIASPORA

- Chile - Cocina de la diaspora, recetas con herencia palestina, Dalal Halabi (Grijalbo 2022)
- Japan - First Arab Rice, Aki Komatsu (Ikonos 2022) ISBN 9784802211680
- UAE - Plated Heirlooms, Dima al-Sharif (CM Editions 2016)

★ D - LIFESTYLE

D02 HEALTH & NUTRITION for the Public

- Indonesia - Jamu Lifestyle, Metta Murdaya (Afterhours Books 2022)
- South Africa - Heal, Melissa Delpont (2022)

D03 FOOD BOOKS FOR CHILDREN

- UAE Sharjah - Anise loves green food, Nathalie Curabba (Edible Rainbow 2018)
- Lebanon - Camelait, the making of a dairy idol, Antoine Hossein (2022)
- USA - Arab Fairy Tales Feasts, Karim Alrawi, Illustrations Nahid Kazemi (Interlink)

D04 FOOD WRITING

- Turkiye - Toprakan Sofraya Sakarya Mutfagi (SATSO -Yapikredi 2022)

D05 CULINARY HISTORY

- Algeria - Memoire culinaire de l' Algerie, Yasmina Sellam
- Iraq - Delights from the Garden of Eden, Nawal Nasrallah (Equinox 2020) Second revised edition
- Italy - Islam a Tavola, Medieval cuisine of the Islam medieval world, Lilia Zaouali (Laterza 2008)
- UK - Sultan Feasts, Daniel L. Newman (Saqi Books 2021)

D06 FOOD TOURISM - REGIONS

- China - Food Adventures on the Silk Road, Wu Zhi Hong, Yang Jimei, Chef Wan, Chakall, James McIntosh (Qingdao Press 2011)
- France - Sherezade etait toquee, Mona Fajal (Les Itinéraires 2016)
- South Korea - Muslim Friendly Restaurants in Korea (KNT0 2018)
- Tunisia - Djerba, Lile aux Saveurs (DMO Djerba 2022)
- UAE Dubai - The Best of Dubai, The Dining Destination, Flavel Monteiro (WG Magazines)

D07 FOOD HERITAGE

- Algeria - Cuisine d' Algerie et du Maghreb, Amina Boutaleb (2005)
- Indonesia - Trailing the taste of Gorontalo (Omar Niode Foundation 2015)
- Lebanon - Patrimoine Culinaire du Liban, Chef Ramzi (2003)
- Malaysia - Johor Palate, Tanjung Puteri, Kalsom Taib, Hamidah Abdul Hamid (2015)
- Pakistan - Pakistan Heritage Cuisine, Sayeeda Leghari (2017)
- UAE Dubai - Plated Heirlooms, Dima al-Sharif (CM Productions 2016)

D08 FOOD SAFETY

- Jordan - Food Traceability in Jordan (Springer 2022)

D09 FOOD RESEARCH

- Algeria - L' exces de poids, Dr. Ahmed Brahimi (Casbah Editions 2012)
- Oman - Food & Brain Health, Mohamed Essa, Mustaq Memon, Mohamed Akbar (Nova 2014)
- Qatar - Personalized food intervention & therapy for autism spectrum disorder management, Dr. Mohamed Essa, Dr. Walid Qoronfleh (Springer 2021)

D14 SPICES

- Indonesia - The Heart of the Spice Forest, Michelle Prasad, Kris Syamsudin (CAGS 2022)
- Morocco - A la decouverte des epices du Maroc, Habiba Ajaoui, Frederique Thevenet (2015)
- UAE Dubai - Emirati's Cuisine Cookbook (Platinum Heritage 2018)

D15 NATURE & FOOD

- Algeria - Tinhinane 2, Karima (Dar El Hana 2008) ISBN 978129947986
- Turkiye - Nature's Therapeutic Recipes, Aslihan Sabanci (2022)

★ E - SUBJECTS

E01 EASY RECIPES

- Malaysia - Recipes are for Sharing, Kalsom Taib (KT Publishing 2022)

E02 SINGLE SUBJECT

- Saudi - Gum Arabic, Prof Mariod
- Turkiye - Malatya Apricot, Bayram Murat Asma (Malatya Commodity Exchange 2022)
- UAE Abu Dhabi - Blessed Tree Magazine (Khalifa International Awards for Date Palm 2022)

E03 PASTRY

- Lebanon - World Desserts at your home, Kamal, Yassine (Dar Ilm Lilmalayin 2007) ISBN 9789953634882
- Morocco - Les Gateaux du Maroc, Fatema Hal (Brigitte Eveno 2022)
- Pakistan - Deliciously yours, Lal Majid (Markings 2013)
- UAE Dubai - Arabian Dreams, Aaron Maree (Motivate 2010)

E09 DAIRY

- Benin - Fromage Peuhl, Beatrice Lalinon Gbado, Cesar Gbado (Ruisseaux d' Afrique 2009)
- Turkiye - Balikesir, the city with 50 cheeses, Kubilay Tolga Ergun (2018)

E11 FRUITS

- Turkiye - Malatya Apricot, Bayram Murat Asma (Malatya Commodity Exchange 2022)
- Turkiye - Pistachio book, Antep Fistigi, Gonka Tokuz, Gazanfer Saglam (2016)

E12 MEAT

- Lebanon - Meat,Poultry, Game,Le Cordon Bleu (Arab Scientific Publishers 2004) ISBN 9953299323

E13 VEGAN

- Iraq - The Vegan Iraqi Cookbook, Lamees Ibrahim (Babylon Books 2022)
- Turkiye - Davet Sofrolari, Zeynep Koksal Yekiran (Dogan 2022)

E18 RICE

- Indonesia - Nasgor, Fried Rice, Harry Nazaruddin (Gramedia 2021)

E20 HONEY

- Saudi Arabia - Honey as an alternative medicine, Mamdouh Bukhari, Milton Wainwright (Scholars Press - KSA Ministry of Health 2020)

★ F - FUND RAISING

- Botswana - My Grandmother's cookbook, Mrs Roshan Ara Khan (Zhaara Children Fund 2007)
- Brunei - Brunei Gastronomy, Siti Kaprawi (2022)
- Brunei - Rasa & Warna, Siti Kaprawi (Brunei Social Council 2012)
- Malaysia - Peita Nukenen, Datin Nikki Legun, Sinah Madan Tadun (Widman 2015)
- Trinidad & Tobago - Ah'len cookbook, Trinidad Syrian - Lebanese Women Association (2010)

★ G - GASTRODIPLOMACY

G01 GASTRODIPLOMACY

- China - African delicacies (GAAS Group of African Ambassadors Spouses in Beijing 2014)
- France - Les Cuisiniers de la République, Guillaume Gomez, Philippe Faure, Roselyne Bachelot, Jean-Robert Pitte, 2019
- Kazakhstan - Taste of Europe, Chef Talgat Akbergenov, Ambassador Sven Olov Carlsson (EU Delegation 2020)
- Malaysia - Flavours of Asean, (ASEAN Embassies in Paris 2022)
- Morocco - Saveurs du Monde, Cercle Diplomatique de Rabat (2017)
- Peru - Manual de la Diplomacia Gastronómica, Guillermo Gonzales Arica (2015)
- Saudi Arabia - The WHOM cookbook, Wives of Heads of Mission in Saudi Arabia (DQ Living 2021)
- Singapore - The Food of Singapore Malays, Khir Johari (Marshall Cavendish 2023)

G03 PEACE COOKBOOK

India/Pakistan - Flavours of the Frontier, Atul Bagai (Markings 2014)

G05 HEADS OF STATE

France - Le Club des Chefs des Chefs, Presentation Guillaume Gomez (Cherche Midi)

UK - The Platinum Jubilee Cookbook, Ameer Kotecha, Photos David Loftus, Foreword by TRH The Prince of Wales & The Duchess of Cornwall (Jon Croft Editions)

India - The Millet Movement in India, Message from Prime Minister Narendra Modi, Authors: Photos Liam Wright, Dr. Sangheeta Parthasarathi, Joanna Kane-Potaka (ICRISAT - Penguin India)

Slovenia - My life experience with Marshal Tito for ten years, Chef Jozef Oseli